

A man with a beard, wearing a brown long-sleeved shirt and blue jeans, is sitting in a red office chair at a desk. He is looking at a laptop and holding some papers. The desk is in a modern living room with a large window, a potted plant, and framed artwork on the wall. The floor is made of light-colored wood. The text 'WORKING @HOME #2' is overlaid on the image in large white letters.

# WORKING @HOME #2

**MORE HOME THAN OFFICE:**

**USE YOUR LIVING ROOM  
FOR RELAXED, EFFICIENT  
WORKING**

***PART 2:* LOUNGE WORKSPACE**

DECORATING HACKS: MAKE USE OF ALCOVES | SCREENING | ZONING

FURNISHING TIPS FROM OUR EXPERT

PRODUCT IDEAS FOR HOMELY WORKING

 **KÖNIG +  
NEURATH**



Products:  
TALO.YOU motorised desk,  
PUBLICA conference chair

Our team is familiar with the challenges of designing offices that let you do your job effectively, yet also reflect the need for home comforts. Thanks to many years of experience in the furnishing and design of office spaces, we are in a position to publish a **second workbook** full of ideas to make integrating a workspace into your living room straightforward.

How you benefit:  
Our outfitting experts and product developers know how to help you design spaces that are optimal and multifunctional.

## A new job for the living room

Our home used to be a place of retreat. This was our starting point for the working day. **This was where we settled down to relax after work and enjoyed lazing around doing nothing at weekends. What's it like now?** In these times of hybrid New Work models, our own four walls are taking on an additional responsibility.

### Everything's happening at home nowadays:

Leisure, relaxation, dining, having a good time, family life and then increasingly work as well. How would your ideal home be designed so that you can perform your work as efficiently and productively as possible?

\*We use the term "home office" to encompass all forms of work within your own four walls: mobile and hybrid working models, remote and digital work – in short all hybrid forms of work.



### Bring your working environment up to spec!

If you're working from home, you'll need a suitable space. This might be a dedicated study – but could equally be set up in any other corner of your home. We give you some ideas for the best ways of integrating your home office\* into your living room. The essential requirements are:

- Enough space for your desk, chair and storage.
- You might have to move other furniture to make space.
- The office furniture must blend in well with the surroundings.
- It needs to be quiet enough, with fresh air and good lighting.

Our interior design tips!

# How to blend your workspace elegantly into your living room

## TIPS + TOOLS

### Make use of alcoves

Try to look at your living room through fresh eyes. What kind of layout does it have? Is there a natural recess that could make a good workspace? **Is there a wall against which you could put your desk to lessen its visual impact a little?** Do you enjoy letting your gaze wander while you sit? Choose a corner that allows you a view of outside.

### Screening

You need to be able to work undisturbed from your home office\* – with no noise or visual distractions. Especially if your living room is a family meeting point, you're going to need some good solutions. By choosing a storage solution that doubles as a room divider you will benefit from its dual function. You will also find that textiles or specialist finishes offer good sound insulation properties for cupboards and acoustic screens.

**A plant can also create privacy, and it improves air quality at the same time.**

### Zoning

Especially if your living room is being used for multiple purposes, you can influence the overall effect positively by dividing it up into zones visually. For instance the sofa and coffee table might form the relaxation zone, while your workstation represents the work area. You can separate one section from another by using a **different paint for the wall or carpet in another colour** – and that makes it easier for you to switch off mentally when evening comes.

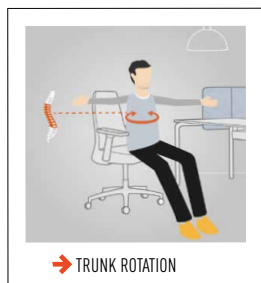
## How to turn your desk into a workout zone

In your home office\* you have far less opportunity to move around, which means that regular stretching and movement exercises are important. Incidentally it's really easy to alternate between active and passive breaks here. Just see which variant suits you best. Here **are three ideas for an active break at your desk**. Ideally you should start with a few warm-up exercises (e.g. jump up and down on the spot 25 times).



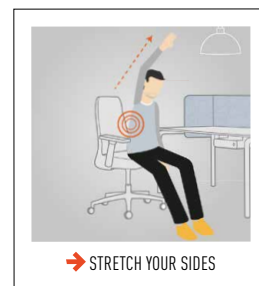
Lift up your arms and reach towards the ceiling with each hand in turn. Breathe in as you stretch. It helps you stretch your sides and expand your ribcage. Allow your eyes to follow your hands.

**Repeat 5 times for each side.**



Sit on the front edge of your chair, place your feet firmly on the floor and extend your arms right out to the sides. Carefully turn as far as possible to the right, activating the whole spine from the lower back up to the neck. You can also place your left hand on the outside of your right knee for support. It's invigorating for your spinal discs, opens up your chest and stretches the back muscles.

**Repeat 5 – 10 times on each side.**



Sit upright on your chair, lift one arm and stretch it diagonally up above your head. Let the other arm hang loosely. Stay in the stretch position for one or two breaths and then change sides.

**Repeat 5 – 10 times on each side.**

An elegant design for relaxed working model

## TALO.YOU with oak-effect desktop and A-frame

One of our classics for the home office\*:

This light shade of oak goes well in many living rooms, for a look that's clean yet homely.

And our **TALO.YOU workstation system** is incredibly versatile.

You can reconfigure it as you wish to adapt to any changes in your home and work situation.

That's why the A-frame variant is frequently used for home office\* applications.

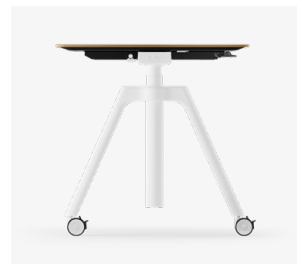
+ The height adjustment for **TALO.YOU** is really straightforward, with an electric motor to make it simple to switch between sitting and standing.

+ Desktop, leg frame, height adjustment, castors: **you have the choice of so many different designs and specification variants.**

+ Our workstation system offers plenty of specification variety and can be customised to suit diverse requirements. For instance **a selection of add-ons** is available for TALO.YOU – (the **PERSONAL BOX** storage option, **a drawer**, **electronics inlet**, **new cable tray**, **sliding top** etc.).



PERSONALBOX



Also available with T-frame



## Clear lines – for work and in your private life **PUBLICA fully upholstered**

A height adjustable swivel chair with comfortable armrests and understated style looks elegant in your living room as well. **PUBLICA is available in several variants and fabrics:**

- + Armrest top in wood or plastic
- + Seat upholstered or not upholstered in many fabric variants and colours
- + Many leg frame variants and colours
- + With glides or castors

# Behind the scenes

An interview with our interior architect Daniela Weber

## *You planned this lounge workspace.*

### *How did you go about it?*

My goal was for the home office\* workspace to blend elegantly into the living room. So I chose **materials and colours that were the same** and coordinating.

The desk is against the wall, not in the middle of the room, so it plays more of a secondary role – **living is the main function here**. The carpet under the desk clearly defines and delimits the working area. The visitor chair on glides has a homely and dainty look, which fits in better with the whole situation than a classic office chair. It's the same colour as the cushion.



## *Do you work from home?*

### *How do you manage to switch off at night?*

I work from home, and as a freelancer I count myself lucky to have the luxury of a dedicated office space. Unfortunately I'm not great at relaxing when evening comes and I often spend longer sitting at my desk than planned – **so I try to plan fixed working hours at home too**, and stick to them as far as possible.

When I finish work I pack my stuff away, shut the door on my office and resolve not to open it again. (laughs) I don't have a commute home from the office, so I make sure I have an improvised "transition phase". That might be a **walk**, a **run** or a **yoga routine** – sometimes I even focus on my garden when things are looking really desperate there!

## *Can you give us a secret tip:*

### *What's the best way to hang pictures?*

There are a few things to look out for here. First of all it's important to consider the environment and size proportions: A big picture goes on a big wall, or with larger furniture, while a small picture needs a small wall. **The effect:** Horizontal alignment makes walls look wider, while hanging pictures vertically gives height. **Height:** Always hang pictures at eye level, in other words plan the position so the centre of the picture is about 1.6 metres off the floor. Bear in mind whether they will be seen from a standing or sitting perspective, or in passing. It's a good idea to use an existing line within the room as orientation. **Preparation:** You can experiment with the layout on the floor first, and once you start hanging them it's essential to use tools like masking tape and a spirit level.

**Rows and edges:** All pictures are aligned to a (hypothetical) line, which might be the edge of the picture or an imaginary line in the centre of the picture. The distance between each picture should always be the same. If you hang a group of pictures, the best way to create an uncluttered look is to ensure identical frames and mounts.

## Expert help on hand near you

Competent advice is a must-have for professional office planning. We use a dependable dealer network to market our furniture and solutions.

They are professionals in the field who can offer advice and practical help when you need it – and give you the chance to try before you buy. Just contact one of our dealers near you.

Incidentally: the suggestions we provide here are also available via our dealers – **they can be downloaded from our Partner Portal.**

### *Our regional dealership partners*



[homeoffice.koenig-neurath.com](http://homeoffice.koenig-neurath.com)